



# November 2017 AIKIDO SEMINAR

Kazuo Igarashi sensei  
7th Dan Shihan

Place:

Moscow, Zelenograd,  
k348b, sportschool N°111



Timetable:

17.11	20.30 - 22.00	practice
18.11	11.00 - 12.00	practice
	12.15 - 13.15	practice
	15.00 - 17.00	exam
19.11	11.00 - 12.00	practice
	12.15 - 13.15	practice children 4 - 6
	14.00 - 15.00	practice children 7 - 12

One practice – 1500 rub

All practice – 5000 rub

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